



Hurricane City Recreation Coed Volleyball Rules Spring 2026

- Good sportsmanship is expected and will be practiced at all times by all players and their spectators. The gym supervisor/officials have the right to terminate a game at any time for inappropriate language and/or behavior, resulting in a forfeit for the offending team. Furthermore, players may be suspended for one or more games if necessary.
- Net height is 7'8" (between men's and women's height).
- Be on time!! Teams are allowed 5 minutes after the scheduled start time to court at least 4 players. Otherwise, they forfeit the 1st game. After 10 minutes, they will forfeit the entire match. Games will begin on time or within 5 minutes of the previous game ending. Only 1 minute between sets.
- Rosters: Must be signed and submitted before game time. Players must be at least 16 years old. If under 18 a parent must sign the waiver for the player. Players can be added for up to 4 weeks. Last day to add is **April 29!!** Players must play in at least 2 matches to be eligible to compete in the tournament. Players can only play on one team. A maximum of 12 people can be on the roster. Roster checks can be done at any time. A violation could result in a forfeit. It is recommended that all participants have a photo ID available at all times.
- Warm-up time will allow for a minimum of 2 minutes shared hitting and 2 minutes serving.
- The official will perform a coin toss with a captain from each team to determine serve and playing side. If a third game is required another coin toss will occur to determine serve. Teams stay on the same side of the court during all sets.
- Each team must have a minimum of 4 players to start any game. All teams must play an equal number (or more) of women as men on the court at all times. If there are multiple hits before the ball crosses the net, one of them must be a woman.
- 2 men may not serve in consecutive order.
- Substitutions may be made anytime the ball is not in play. You may choose to substitute person for person, or substitute in order at a specific location (ex: after the serve), but not a combination of the 2. Female:Male balance must be maintained at all times.
- Timeouts: 1 timeout per set, per team. Each timeout will be 30 seconds long.
- A serve that is not touched by the server and drops to the ground may be called again by the referee. This can only happen 1 time per serve.

- Double hits are allowed (not lifts) as long as they don't cross the net.
- Balls can be played with any part of the body (kicks are allowed).
- Matches: Must win 2 out of 3 games to 25 points using rally scoring (every serve is a point) with a cap of 27. A team must win by at least 2 points unless the cap is reached. The 3rd game (if needed) will be played to 15 points with a cap of 17. No cap for tournament play.
- Standings will be kept based on matches not individual games. The team with the most wins will be seeded 1st in tournament play. Any ties will be determined by Head-to-Head, then Average Point Differential for all games played.
- Season play will be 5 weeks of double-header pool play with a single elimination tournament on the 6th week.
- Hurricane City reserves the right to refuse any team name that does not seem appropriate. Team shirts are optional but encouraged.
- Hurricane City Recreation will provide a game ball, scorekeeper and a referee for each of the matches. All judgment calls by the referee will stand!
- Alcoholic Beverages, Smoking and Vaping are NOT allowed in gym facilities, city park properties and/or on school grounds during recreation activities. Players and spectators will not be allowed to drink, smoke (including e-cigarettes) or vape in the following areas: Premises of the playing fields, gyms, open park spaces and parking lots. Teams are responsible for their spectators. Drinking, smoking or vaping is NOT permissible in recreational programs.
- Protests: League game protests are discouraged and will not be accepted on judgment decisions by the referee. The site supervisor will settle protests. If protests cannot be settled at that time, complete the following:
 - Protests must be written and submitted to the Hurricane Community Center by 3:00 pm the next business day.
 - A \$10.00 fee will be required and must accompany the written protest, refundable if honored.
- Complaints or Suggestions? Teams are encouraged to evaluate the league and make recommendations in writing so that continuous improvements can be made. Please do so in a professional manner. Contact
karalie@hurricane.utah.gov 801-791-9137
jennifer@hurricane.utah.gov 435-760-7362